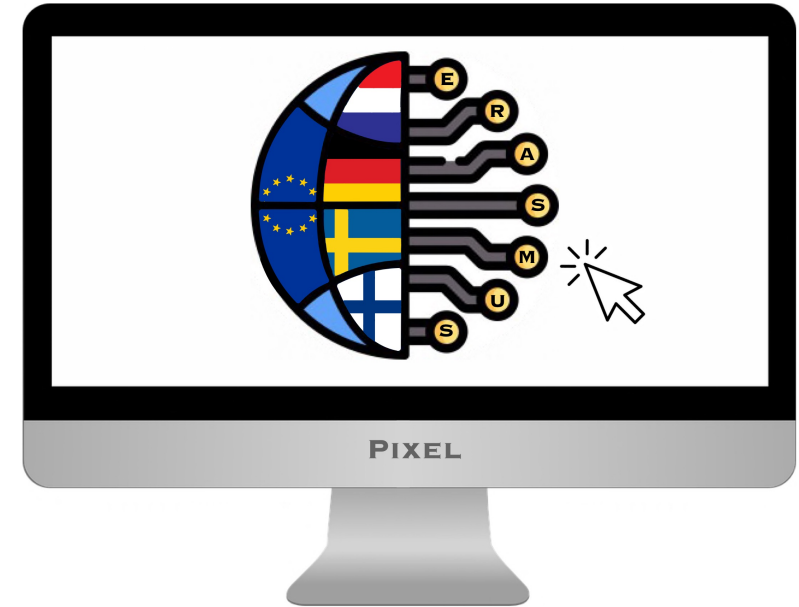


Fighting Cyber Bullying

A peer education
concept



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EDKIMO-request

- What do you associate with (cyber-) bullying?



To understand bullying-short movie

Childnet-Spot „Let´s fight it together“

<https://www.youtube.com/watch?v=hYrDbGzZVUQ>

Task: Group Work

1. Get together in groups of 4 (mixed!)
2. After watching the film, find a definition of (cyber) bullying : What are typical elements of (cyber) bullying shown in the film and how do they differ from other conflicts at school? What are the differences between bullying and cyber bullying?
3. How does bullying work? When and where does it take place?
4. In Joe's case - What roles or functions do the different persons involved in the act bullying have?
5. Is there a special trigger event to start the bullying? Is there a specific development or process? What might happen if nobody stops the bullying?
6. What influence does the bullying have on Joe (his feelings and behaviour)? Why does he not talk to anyone about it?
7. What may help to end the bullying?

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- How does bullying work?
- When and where does it take place?



- What roles and functions do the different persons involved in the act of bullying have?

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- What influence does the bullying have on Joe (his feelings and behaviour)? Why does he not talk to anyone about it?

- What may help to end the bullying?

WHAT TO DO IN CASE OF CYBER BULLYING?

as the one concerned:

- signal boundaries without escalating
- get advice and help: anonymously from helplines or directly from friends, parents, confidants: Class teacher,
- school social worker, counselling teacher ...
- document digital assaults (e.g. screenshots), report bullies, block them.
- In case of severe bullying: take legal action if necessary.

as a witness:

- do not join in or laugh along
- show civil courage: Limit bullying behaviour (without endangering oneself), get help, offer help to the person affected.