

# Cyberbullying

Erasmus+ PIXEL

2023-2024

Jetzt starten



# Informed consent

**Introduction:** You are invited to participate in a study that aims to investigate experiences and consequences of cyberbullying among young people. The study also aims to identify strategies that can help young people deal with cyberbullying issues.

**Purpose of the Study:** The purpose of this study is to investigate experiences and consequences of cyberbullying among young people. The study also aims to identify strategies that can help young people deal with cyberbullying issues.

**Procedures:** If you agree to participate in this study, you will be asked to complete an online survey that will take approximately 10 minutes to complete. The survey will ask you questions about your experiences with cyberbullying, as well as your thoughts and feelings about cyberbullying. You will also be asked to provide suggestions on how to best deal with cyberbullying issues.

**Risks and Benefits:** There are no known risks associated with participating in this study. However, some of the questions in the survey may be sensitive and could cause discomfort or distress. If you feel uncomfortable or distressed at any time during the survey, you can choose to stop participating.

There are no direct benefits to you for participating in this study. However, your participation will help us gain a better understanding of cyberbullying among young people, which may help us develop strategies to prevent and address cyberbullying issues.

**Confidentiality:** Your participation in this study is completely voluntary and anonymous. Your responses will be kept confidential and will not be linked to your identity in any way. Only the team that analyzes the results will have access to the data collected in this study.

**Voluntary Participation:** Your participation in this study is completely voluntary. You have the right to refuse to participate or to withdraw from the study at any time without penalty.

**Contact Information:** If you have any questions or concerns about this study, please contact your supervising teacher who will be in contact with us.

**Consent:** By clicking on the "I agree" button below, you indicate that you have read the above information, understand the nature of the study, and agree to participate in this study.

Sincerely,  
The Finnish Erasmus-team

1. Do you agree to participate in this study? \*

☐ I agree

☐ No

# Demographic information

## 2. Country

- ☐ Finland
- ☐ Germany
- ☐ Netherlands
- ☐ Sweden

## 3. Gender

- ☐ Male
- ☐ Female
- ☐ Non-binary
- ☐ Prefer not to say

## 4. Age

- ☐ 13-14
- ☐ 15-16
- ☐ 17-18
- ☐ 19-

# Defining Cyberbullying

5. How would you define online bullying? (Select all that apply)

- ☐ Hurtful comments or messages
- ☐ Spreading rumors or false information
- ☐ Exclusion or social isolation
- ☐ Impersonation or identity theft
- ☐ Posting embarrassing photos or videos
- ☐ Sonstiges

6. Please select all the answers that apply to you

- ☐ Cyberbullying doesn't really hurt anyone
- ☐ Friends of mine have been cyberbullied
- ☐ Cyberbullying has happened at my school
- ☐ I have teased or said mean things online but that isn't cyberbullying
- ☐ I have been cyberbullied by a close friend
- ☐ I have had someone steal my password/mobile phone and pretend to be me
- ☐ I have posted funny or gross pictures of people I know online without their permission but just to get a laugh
- ☐ I've cyberbullied someone with my friends but didn't mean to hurt anyone
- ☐ I've had nasty things said to and about me online but I don't think that's cyberbullying
- ☐ I have stood up for someone who was cyberbullied and then became a victim myself
- ☐ Cyberbullying isn't as bad as physical bullying
- ☐ Cyberbullying is worse than physical bullying
- ☐ Cyberbullying and physical bullying are both equally damaging

# Experiences of cyberbullying

7. Have you ever experienced online bullying (cyberbullying)?

☐ Yes

☐ No

☐ Maybe

# Consequences of Cyberbullying

8. Have you experienced any of the following consequences due to online bullying?

	Never	Rarely	Sometimes	Frequently	Always
Anxiety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Depression	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School problems (e.g., decreased grades, attendance issues)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical health issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social withdrawal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Suicidal taughts or attempts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Embarrassment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shame	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Self blame	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Loneliness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sadness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Anger	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Dealing with cyberbullying

9. Who do you think is most likely to engage in online bullying? (Select all that apply)

☐ Peers/classmates

☐ Strangers

☐ Friends

☐ Family members

☐ Ex boyfriend/girlfriend

☐ Sonstiges

10. If you have been a target of online bullying, what actions did you take to stop or address the situation? (Select all that apply)

☐ Blocked the perpetrator

☐ Reported the incident to the platform

☐ Talked to a trusted teacher, adult or friend

☐ Ignored the bullying

☐ Took revenge on the perpetrator

☐ I saved evidence in case it got worse and I needed to report it



# Final thoughts

11. What do you think the best way to stop cyberbullying is? (select all that apply)

- ☐ I don't think you can ever stop it. You need to know how to deal with it
- ☐ Make cyberbullying illegal
- ☐ Make schools have and enforce policies on cyberbullying
- ☐ Educate parents more about cyberbullying and how to help their kids stay safe
- ☐ Have community drop in centres where kids can go and get help
- ☐ Make service providers take more responsibility for quickly removing offensive and embarrassing on-line material
- ☐ Make service providers take more responsibility for quickly removing offensive and embarrassing on-line material
- ☐ Provide more information about how cyberbullying affects people
- ☐ Youth conferences to talk about cyberbullying and its impacts and how to control it
- ☐ Sonstiges

12. How do you think schools can better address and prevent online bullying?

Ihre Antwort eingeben

13. Do you feel that there is enough awareness and education about online bullying in your school?

Ihre Antwort eingeben

14. In your opinion, what role can technology companies play in reducing online bullying?

Ihre Antwort eingeben